P.U.M.A Kickboxing Championships Saturday 29th October Oasis Leisure Centre, Swindon, Wiltshire, SN2 1EP Doors open at 10am

Open to all styles

- Light contact 3 x 1 ½ minute rounds
- Same weight and belt categories
- Juniors from 11 years 2 x 1 ¼ minute rounds

Spectators welcome
Please bring full sparring equipment

For more details please speak to your instructor

www.puma-uk.com